

DAY 7

Keep Short Accounts

Anything to confess from yesterday? What can you learn from it? Adjustments to make?

Deuteronomy 6:4-9:

“Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the door frames of your houses and on your gates.”

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer

God, You blow my mind sometimes when I consider that a sinner like me can be as righteous as You because of Jesus' death on the cross. You are an amazing God! Thank You! Help me to remember these truths throughout my days by talking about them, writing them out, and binding them on my heart. I need you constantly in my life. In Jesus name, Amen

Journal Your Thoughts - What has God been teaching you this week?

WEEK 1

JUST TODAY

MAY WE HIDE GOD'S WORD IN OUR HEART...



...TO BREAK THE CHAINS OF OUR SIN.

PSALM 119:11

DAY 1

Keep Short Accounts - Confess | Learn | Adjust

This term is used to remind you to not let things build up between you and God. Every 24 hours, the goal is to **Confess** your wrongs & victories, **Learn** from them, and make **Adjustments**. This is a life-long habit to try to practice daily. It will change your life!

Ephesians 5:8-12:

"For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them. It is shameful even to mention what the disobedient do in secret."

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer - Make this your prayer. Reflect on the words...

My God, I don't want any part of my life to be lived in a secular fashion. I want to bring my sin into the light. No hypocrisy! No more hiding! Take the weight of my sin off me so I can walk in peace, joy, and freedom. No more guilt and shame! In Jesus name, Amen.

Journal Your Thoughts - Daily Concerns? Others? Thankful? Requests?

What are you feeling emotionally? Fears? Anxieties? Depressed? Shameful? Worthless? Joy? Remember your feelings are not the truth about who you are. Only God has the right to define who you are! You are chosen, called, loved, and created with purpose!

DAY 6

Walking in the Spirit - Confess \ Learn \ Adjust

Read Galatians 5:16-18 for a good explanation of how to Walk by the Spirit!

Psalms 139:13-16:

"For You created my inmost being; You knit me together in my mother's womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. My frame was not hidden from You when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in Your book before one of them came to be."

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer

Lord, I am so excited that You are teaching me how to say no to temptation when my own evil desires entice me. You know me so intimately that You know exactly what I need to walk in freedom. Help me trust in your great love for me. In the power of Your name, Jesus, Amen!

Journal your thoughts - Daily Concerns? Others? Thankful? Feelings? Frustrations?

DAY 5

Start Each Day with God Talking about How You Lived the Last 24hrs
Confess Wrongs & Victories... Learn from them... Adjust

1 Corinthians 6:18-20:

“Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, Who is in you, Whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.”

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Pray this from your Heart

Jesus, my Savior, You shed Your blood for me, a willful sinner! You love me despite all the wrong I have done. You gave me the gift of eternal life for free through Your grace. May I give You my life today as my gift to You and honor you with my body. Amen!

Journal Your Thoughts - Daily Concerns? Thankful? Requests? Feelings? Frustrations?
You are chosen by God and fearfully and wonderfully made. He loves you!

DAY 2

Keep Short Accounts - Confess, Learn, Adjust

Anything to confess and repent of today? What does God want you to learn from your mistakes and victories?

Are there any lies you're believing? What does God's Word say is the truth?

Ephesians 4:17-21:

“I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more. You, however, did not come to know Christ that way.”

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer

Jesus, I never want to walk through this life with a hard heart again! Thank you for taking the bullet for me so I will never die! I am FORGIVEN! Now I will sit with You on Your throne and eat with You at Your feasts. Lord, help me to daily keep short accounts with you so sin can't get a foothold in my life ever again. Wow! Thank You, Jesus!

Journal Your Thoughts - Daily concerns? Others? Thankful? Requests? Feelings?

DAY 3

Keep Short Accounts - Confess | Learn | Adjust

Ezekiel 33:31-32:

“My people come to you, as they usually do, and sit before you to listen to your words, but they do not put them into practice. With their mouths they express devotion, but their hearts are greedy for unjust gain. Indeed, to them you are nothing more than one who sings love songs with a beautiful voice and plays an instrument well, for they hear your words but do not put them into practice.”

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer

Father God, my desire is not to just speak and act like a Christian when others are looking and then turn around and let my eyes, mind, and heart wander far from you. Give me the strength and desire to fight this battle daily and to put into practice your truths.

Journal Your Thoughts - Daily Concerns? Thankful? Requests? Feelings?

You are chosen by God and fearfully and wonderfully made. He loves you!

DAY 4

Walking in the Spirit

What can you learn from yesterday? What would you repeat or do differently?

Matthew 7:21-23:

“Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. Many will say to Me on that day, ‘Lord, Lord, did we not prophesy in Your name, and in Your name drive out demons and perform many miracles?’ Then I will tell them plainly, ‘I never knew you. Away from Me, you evildoers!’”

What is God saying to you in this verse?

What steps can you take to apply this in your life?

What will the result eventually be to your life if applied?

Prayer

Father, today's verse in Matthew scares me that I could possibly think I know You, but I don't. Help me to walk today and everyday in a true love relationship with You, so when I meet You face to face, I hear, "Well done."

Journal Your Thoughts & Feelings - Thankful? Worried? Bored? Tired? Depressed?