

Day 7

Start Each Day with God Talking about How You Lived the Last 24hrs

Confess Wrongs & Victories... Learn from them... Adjust..!

Write Daily Memory Verse - Hebrews 3:12-13

Read - Listen / Apply / Change - Hebrews 13:1-8, 15-21

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it help you in your recovery?

Purity Principle / Quote / Thought / Prayer

Someone said, **"If you find yourself on the side of the majority, it is time to pause and reflect."** Sexual addiction has overtaken the majority of Christian men! It is "Every Man's Battle," but it doesn't have to be every man's sin. It may be today's normal for men, but it's **not God's normal**. It has become the acceptable sin in our minds because of the majority of men deal with it. **"You know, boys will be boys."**

Come on, bro's! It's time to be change-makers! It's time to take back what our enemy has stolen. Be part of the solution. Help men to heal and recover through the word of your testimony! Help them discover the JOY of FREEDOM instead of the SHAME of BONDAGE!

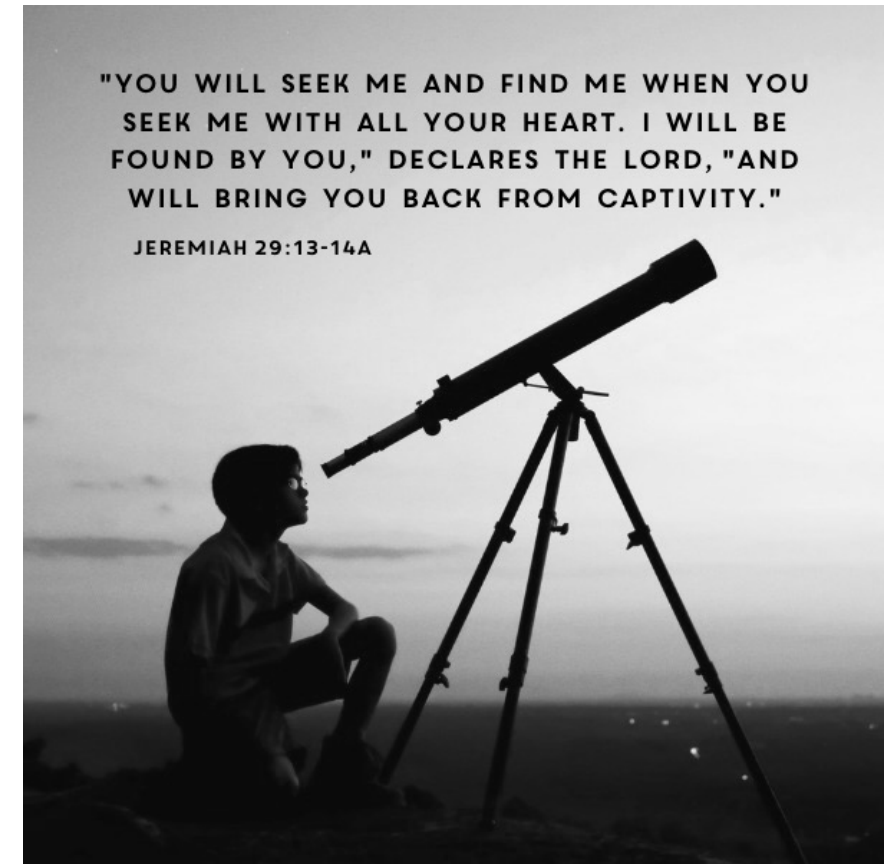
Jesus has given us **"resurrection power"** in order to defeat the enemy. Do not stop this pursuit until you cut off the GIANT'S HEAD. Accept nothing less than complete and total deliverance. When Jesus sets you free, you will be **free indeed! Charge!!**

5 Minutes with God - Talk / Listen / Journal

The Hebrew writer is a man of prayer! In V18, he asks that people would pray for him to have a clear conscience and a desire to live Godly. **Notice** this isn't automatically in us. Then, he prays for the people to be equipped to do God's will and that God would work in them what pleases **Him**. Write "3 new things" you want to pray for.

- 1.
- 2.
- 3.

Seek Him...



With All Your Heart

Week 9

Day 1

Learn From Yesterday

- 1) Prayerfully **Confess** your wrongs & victories from yesterday...
- 2) Identify a LIE you believed or a FEELING you were trying to satisfy. What is the truth? What can you **learn** from it?
- 3) What **adjustments** can you make in order to not repeat or to repeat if a victory?

Write Daily Memory Verse - Galatians 2:20 (This should be one of your life verses)

Read / Listen / Apply / Change - Hebrews 3:1-19

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it help you in your recovery?

Purity Principle / Quote / Thought / Prayer

“Prayer may not change things for you, but it sure changes you for things,” said Samuel Shoemaker, a politician. (I had to write one good thing a politician said. Lol!) If you are CHANGED, then how you view your circumstances will eventually CHANGE.

God wants to give us the desire of our hearts (Psalm 37:4), but HE desires even more to see you conformed into His image. Scripture says you are a **“new creation”** in 2Cor 5:17. We are now HOLY because of HIM. We should desire to be pleasing in HIS sight. We get to carry out the plan that HE has for us. We are part of HIS MASTER PLAN. Wow! **Ask HIM** to put you on the potter’s wheel and work out any imperfections or rough spots, so you can better reflect Him and enjoy serving HIM.

5 Minutes with God - Talk / Listen / Journal

3 THOUGHTS to talk with God about today. Jot down what He says...

- 1) When I go astray, is it because I don’t **understand your ways** or is it **rebellion**? V10
- 2) Do I grasp, Lord, the importance of **daily connection** with You **and** Christian men? V13
- 3) **Lord**, do I know how to enter **Your rest**? (V19) Why or Why not?

Day 6

Keep Short Accounts - Confess / Learn / Adjust

Write Daily Memory Verse - Hebrews 3:1

Read, Hear, Reflect, Apply, Change - Hebrews 12:1-11

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it change you if you do?

Purity Principle / Quote / Thought / Prayer

GOD said to Ezekiel in 33:31-32, **“My people come to you to listen to your words, but they don’t put them into practice. With their mouth they express devotion to Me but their hearts are far from Me. Ezekiel, to them you’re just one that sings pretty songs.”**

I have been this person! I express devotion, yet do what I want to do. I haven’t practiced what God shows me in His Word. Guess what? I found out that doesn’t work very well.

God wants our pure devotion to Him. I had to ask Him to change me and He did. It was a long, **hard process but worth ever bit of pain!**

God wants you to be real. Listen to what God is telling you as you read His Word, then ask Him to help you put it into practice. **This is transformational.** He loves you and wants the best for you, which is being made into His image. God is AMAZING!

5 Minutes with God - Talk / Listen / Journal

Sit with Jesus now. **Imagine Him sitting with you** on a park bench and talking about this Scripture. Write down “3” things that He is saying to you!

- 1.
- 2.
- 3.

Day 5

Walking in the Spirit - Confess \ Learn \ Adjust

Read Galatians 5:16-18 for a good explanation of how to walk by the Spirit!

Write Daily Memory Verse - Hebrews 11:6

Read / Listen / Apply / Change - Hebrews 11:1-38 Read this Chapter often!

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it help you in your recovery?

Purity Principle / Quote / Thought / Prayer

One Sunday several years ago, I heard Pastor Hippe proclaim, **“What the church needs is less information and more transformation.”** We have more books on overcoming addictions and how to break strongholds in our lives than ever before in the history of the world, **YET, Christians are more bound than ever! WHY?**

Possibly we are looking for a formula to deliver us. Steps 1, 2, 3 and I’m fixed. **Lasting freedom is only found in a deep relationship with Jesus.** There is a need for real repentance, Godly sorrow, and a sincere pursuit of God. We need healing from our past hurts and false beliefs. We need a fresh filling daily with the Holy Spirit and to be guided by the **“Wonderful Counselor.”** Reflect on each of these today... **Jesus IS the formula!**

5 Minutes with God - Talk / Listen / Journal

Take time to reflect on these verses. It is EASY to read over and miss their deep meaning. How do they challenge you?

“Without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him.” V6

“Moses chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time.” V25

David & others, **“whose weakness was turned to strength; and who became powerful in battle.”** V34

Men who were tortured & persecuted for their faith, the Bible says, **“the world was not worthy of them.”** V38

“LORD, increase our FAITH! WE WANT TO MOVE MOUNTAINS!”

Day 2

Confess / Learn / Adjust... This is important to do daily.

Write Daily Memory Verse - Galatians 2:20

Read - Listen / Apply / Change - Hebrews 4:1-16

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it help you in your recovery?

Purity Principle / Quote / Thought / Prayer

AA defines INSANITY as, **“Doing the same thing over and over again, but expecting different results.”** **Men, I was insane!** I would pray, fast, cry, confess and made repeated promises to God never to lust after women again! Two hours later...Boom! I forgot my commitment.

Overcoming 10-40 year-old strongholds requires us to make radical changes to our lives! **“Confess your sins to one another and pray for each other that you may be healed.”** (James 5:16) **You need** to bring others into your space with God for fellowship and honest accountability. **You will need** to add things like transparency, honesty, and a plan for times when you are triggered and tempted to act out.

“These are the action steps that demonstrate your desire to be FREE!”

You will need to remove things like: places you go, access to porn, people you’re around, etc. None of these things heal you but assist as God is doing the healing in your heart and mind. We call these **“putting on the cast”**. They are necessary for a time. God will grab your **“Heart of Stone”** and smash it in order to give you a new **“Heart of Flesh”** that can again feel the goodness of God’s holiness! **THIS IS** when you will never want to return to your sin. You will never regret leaving it behind. Read Ezekiel 11:18-20, then write below what God impresses on you.

God’s Word is Living... It judges the attitudes of the heart... Nothing is hidden from Him!

Think about it...

5 Minutes with God

Ask God for a heart and mind set on things above. Talk with Him about this today...

Day 3

Walking in the Spirit is Connecting with God Moment by Moment -

Confess, Learn, Adjust from your Victories & Mistakes you've made in the last 24 hrs.

Write Daily Memory Verse - Hebrews 2:18

Read - Listen / Apply / Change - Hebrews 5:7 - 6:12

*Warning: Heb 6:4-6 is one of the most misunderstood Scriptures in the Bible. Too much to cover here, **but realize this is not saying** if you fall away from God you can never come back to God to repent and be saved. That would totally contradict the rest of Scripture. If this Scripture trips you up, read a couple of different respected commentaries.*

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it change your life?

Purity Principle / Quote / Thought / Prayer

Let's pray today. Lord, for years I deliberately kept on sinning and trampling what Jesus did for me on the cross. I insulted the Spirit of Grace and blamed others and my circumstances for MY sin. Forgive me! Today, I take full responsibility for my actions. **Your WORD teaches us** in Hebrews 4:16 & 10:19 that we can approach the "throne of grace" with confidence because of Jesus' shed blood. You have CALLED me to hold on to the hope I have in YOU and the support of my Christian brothers.

Help me to encourage and spur others on to live holy lives so that when we meet You we're unashamedly bursting with joy! **Today**, remind me to call the men in my group because they may need MY encouragement. Thank you for all you have done for me, **Jesus!** Amen.

7 Minutes with God - Talk / Listen / Journal

This is one of the clearest sections of Scripture where we see JESUS' HUMANITY. Heb 5:7-10 It says **He had to learn obedience** the same way we do, through trials and suffering and by crying out to the Father for help! He understands the "struggle is real". He gets what you're going through right now! **Talk to Him about your struggles now. Then, imitate Him.**

Those who through faith and patience inherit what has been promised. Heb 6:12

Train...

Yourself to distinguish good from evil by constantly applying God's Teachings. Heb 5:13-14

Day 4

Talking with God Daily Must be Habitual - Confess Wrongs & Victories | Learn | Adjust

Write Daily Memory Verse - Hebrews 2:18

Read - Listen / Apply / Change - Hebrews 10:19-39

What is GOD SAYING to you in this passage?

What steps can you take to APPLY this to your life? How will it help you in your recovery?

Purity Principle / Quote / Thought / Prayer

Oscar Wilde, an Irish poet said, "**To live is the rarest thing in the world; most people exist and that is all.**" **How about you?** Are you living with purpose? Do you think about it? God has not called us to just survive on this planet but to be **over-comers, legacy-leavers, and ambassadors for Him.** It is NOT our home. It's time to leave our apathy and to make a mark in this world for Jesus. Jesus is our legacy. Will others remember that **you were a man that loved Jesus?** Let the Holy Spirit speak to you.

The challenge today is to make Jesus your reason to live and the focus of your life. This lifestyle will IMPACT everyone around you, your wife, kids, nieces, nephews, grandkids, co-workers, and neighbors. As you pursue this with all your heart, you will see besetting sins start to dissolve. Taste and see the pursuit of God is good.

5 Minutes with God - Talk / Listen / Journal

Reread V32-34. This is talking about a time that you may have been more excited about your faith because it was so new. **Ask yourself the following questions:**

What period of time in your life was your favorite with GOD?

What made it so special?

What will it take to bring you back to loving your time with Him?